

Your Guide to *What's in Season!*

PRODUCE	MAY	JUN	JUL	AUG	SEPT	OCT	NOV	DEC
Apples						♥		
Asparagus	♥	♥						
Beans		♥	♥	♥	♥	♥		
Beets			♥	♥	♥	♥		
Blueberries			♥	♥				
Broccoli			♥	♥	♥	♥		
Cabbage			♥	♥	♥	♥		
Carrots			♥	♥	♥	♥		
Cauliflower			♥	♥	♥	♥		
Celery				♥	♥			
Corn				♥	♥			
Cucumber	♥	♥	♥	♥	♥	♥		
Eggplant					♥			
Lettuce	♥	♥		♥	♥			
Onions			♥	♥	♥	♥	♥	♥
Peas		♥	♥		♥			
Peppers		♥	♥	♥	♥	♥		
Potatoes			♥	♥	♥	♥	♥	♥
Radishes		♥	♥	♥	♥	♥		
Raspberries			♥	♥				
Squash				♥	♥	♥		
Strawberries		♥	♥					
Tomatoes	♥	♥	♥	♥	♥	♥		

YEAR ROUND: Baking, Jams, Pickled Vegetables, Relishes, Herbs, Maple Syrup, Meat: Beef, Pork, Bison, Poultry and Smoked Fish and so much more!

Note: If it can't be grown or produced in Algoma, we turn to Northern Ontario or other parts of Ontario to source it.